

## KYBELLA PRE PROCEDURE INSTRUCTIONS

Kybella is ONLY approved for use in the area of your chin and jaw area, where the fat deposits are located. It is not meant for any other body part at this time.

Within one session, you may receive as many as 50 Kybella injections. Depending on how severe or mild your “turkey neck” is, Dr. Chilukuri may recommend and schedule up to 6 more sessions; typically at least one month between each visit.

- Avoid taking aspirin, non-steroidal anti-inflammatory drugs (NSAIDS) such as Motrin, Vitamin E, fish oil, ginger, ginkgo biloba, ginseng, and garlic 10-14 days prior to the procedure. These drugs and herbs may cause and increase in incidence of bleeding or bruising.
- There is no need to wear makeup on the day of your procedure. We will need to clean your face for the treatment.
- Please come well hydrated and make sure you eat a light snack if your treatment time is in between regular meal times.

**We want you to have an outstanding result. If you have any questions or concerns before your procedure, please call the office at 713.344.0450.**