

LASER HAIR REMOVAL POST PROCEDURE INSTRUCTIONS

- There may be redness, bumps or a sunburn sensation in the treated area. Cold compresses can be used to reduce swelling or discomfort.
- Use gentle cleansers, lukewarm water, and do NOT rub the skin vigorously. Moisturizers and/or makeup may be used immediately if the skin is not broken.
- Avoid sun exposure and use a broad-spectrum sunblock.
- If the underarms were treated, deodorant can be applied after 24-48 hours.
- For optimal results, do not use any other forms of hair removal during the course of your laser treatments.
- You may notice hair roots pushing their way out of the skin after the treatment. You may help exfoliate the hair by gently wiping with a washcloth, but do not pick at the area.

Follow up considerations:

- Treatments are scheduled at 4-6 week intervals for the most optimal result.
- Consistent treatments will produce the best results. 4-6 successive treatments are usually recommended, after which you may need a maintenance treatment 1-2 times a year.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.