

## MICRO-NEEDLING PRE PROCEDURE INSTRUCTIONS

- Avoid Accutane for the 6 months prior to treatment.
- Avoid Retin-A type products for 3 days prior to treatment.
- Avoid IPL laser for 7 days prior to treatment
- No waxing, depilatory creams, or electrolysis 5-7 days prior to treatment.
- No shaving on the day of the treatment.
- Skin should be clean without lotion, oil, makeup, perfume or sunscreen.
- Make sure to tell Dr. Chilukuri or his assistant if you have a history of cold sores.
- Please make sure to have eaten a small snack if your treatment is scheduled in between regular meal times.

**We want you to have an outstanding result. If you have any questions or concerns before your procedure, please call the office at 713.344.0450.**