

VANQUISH™ PRE TREATMENT CONSIDERATIONS

- All active implanted device including but not limited to cardiac defibrillator, a pacemaker, cochlear implant. If you had one of these implanted devices in the past, but it has since been removed, please let your treatment provider know.
- Pregnancy and/or nursing.
- Metal implants.
- Cancer
- Infection
- Heat sensitivity
- Open wound in treatment area

PREPARE:

- Please arrive at your appointment well hydrated (1 gallon). Additionally, we recommend light physical activity after treatment to help with lymphatic flow.
- Wear comfortable clothing.
- Remove all jewelry.
- Use the restroom facilities prior to your procedure.
- Please eat a small snack if your procedure falls between normal meal times. You will not be able to pause treatment or eat during procedure.
- Cell phone use is restricted, as the device will short-circuit your phone (this is mandatory-you will be provided a basket for your belongings).

- If you feel any “hot spot” area during your treatment, please notify the assistant immediately, and the device can be repositioned.
- You will have a fan blowing on the treated area to help with any sensation of feeling overly hot in treated area, if you feel cold, please ask for a blanket and one will be provided.

VANQUISH™ POST TREATMENT CONSIDERATIONS

- You may experience transient erythema (redness) that will last from a few minutes to an hour or possibly longer.
- Your skin may feel quite warm for up to a few hours after treatment as deep tissue retains heat longer.
- You may feel tenderness in the treated area.
- Vanquish treatments are scheduled every 7-10 days (no more than 10 days apart) for a total of 4 treatments. You will see your results approximately 4 weeks after completing your last treatment (some may see sooner).
- Please remember, as with any fat reducing device, optimal results are achieved with a balance of a healthy diet and a daily exercise regimen along with this treatment.
- There are no restrictions on the amount of treatment cycles that you may have to achieve the look you desire.

We want you to have an outstanding result. If you have any questions or concerns before and after your procedure, please call the office at 713.344.0450.