

## MICRO-NEEDLING PRE PROCEDURE INSTRUCTIONS

- Avoid Accutane for the 6 months prior to treatment.
- Avoid Retin-A type products for 3 days prior to treatment.
- Avoid IPL laser for 7 days prior to treatment
- No waxing, depilatory creams, or electrolysis 5-7 days prior to treatment.
- No shaving on the day of the treatment.
- Skin should be clean without lotion, oil, makeup, perfume or sunscreen.
- Make sure to tell Dr. Chilukuri or his assistant if you have a history of cold sores.
- Please make sure to have eaten a small snack if your treatment is scheduled in between regular meal times.

We want you to have an outstanding result. If you have any questions or concerns before your procedure, please call the office at 713.344.0450.