

Photo Facial / Cynosure ICON POST PROCEDURE INSTRUCTIONS

- Use ice packs to reduce swelling as needed in first 24 hours.
- Expect redness and swelling for 3-5 days.
- Avoid sun exposure for 2 weeks after treatment. Wear a broad-rimmed hat and sunglasses.
- Use sunscreen once the skin is not sensitive to the touch (often 24-48 hours)
- Apply healing cream (will be suggested on day of the procedure) three times a day for 1 week.
- Shower as usual, using a gentle cleanser on the treated area.
- Feel free to apply makeup unless there are areas of broken skin.
- Do NOT undergo or use exfoliants, scrubbing, microdermabrasion, chemical peels, facials, waxing and shaving on the treated area for 2 weeks.

Follow up considerations:

- 3-5 sessions scheduled about 1 month apart may be necessary. Treatment consistency is very important to achieve maximal improvement.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.