

## Photo Facial / Cynosure ICON PRE PROCEDURE INSTRUCTIONS

- Avoid tanning or tanning bed before laser or IPL procedure
- Do NOT use exfoliants such as Retin-A type products for about 3 days prior to procedure.
- Do NOT wear make up on the day of the procedure.
- Do shave any hair in the area to be treated.
- Do inform Dr. Chilukuri or his assistant if you have any history of cold sores.
- Please refrain from alcoholic beverages or smoking for at least 1 week prior to and 1 week after procedure.
- Please avoid any aspirin, aspirin-containing products, or ibuprofen for at least 1 week prior to and 2 weeks after procedure.

We want you to have an outstanding result. If you have any questions or concerns before your procedure, please call the office at 713.344.0450.