

designed to take the guesswork out of caring for skin when addressing the visible signs of aging, the company says. Plus, the trial regimens are travel-friendly, featuring TSA approved sizes and a complimentary travel bag.

As a bonus, each set includes an online redeemable code for a free full-size anti-aging moisturizer.

The kits are available exclusively at authorized skincare professionals' offices. More information is available at RevisionSkincare.com.

THERE'S AN APP FOR THAT

Apps have simplified life for many professionals. *Modern Aesthetics*® asked our editorial board members to name some of the apps that they have found useful in their personal and professional lives.

Ryan Greene, MD reports, "Our EMR system recently launched a HIPAA-compliant app so that I have access to my patient schedule and charts. This allows me to better control my schedule and be aware of any last minute scheduling changes that occur."

"Apple iCAL with multiple calendars helps to organize my schedule," says Adam Scheiner, MD.

According to Daniel Friedmann, MD, "Scanbot is a phenomenal paid app for uploading any important paper document (receipts!) on the fly. In about 10 seconds, I can photograph it, label it, and have it automatically uploaded to my encrypted Dropbox professional account."

Read more about the practice hacks editorial board members share in the Board Forum on p. 38.



This non-invasive makeover was accomplished with nothing more than a change in lighting and camera angles. Dr. Subbio explains online.

QUALITY CHECK: BEFORE AND AFTER PHOTOS

A simple lightening trick is all it takes to create the illusion of a dramatic surgical makeover. But for ethical aesthetic physicians, that's not the kind of hack they want to employ. Rather, the goal is to get consistent before and after images that allow for legitimate comparisons and showcase the kind of results you can provide.

WATCH NOW

Low Tech, High Impact



Suneel Chilukuri, MD

Suneel Chilukuri, MD shares a low-tech, high-impact office hack to improve communication in the clinic: Use a two-way communication radio in your ear throughout the day so you don't need to be interrupted during a patient office visit. If staff need you, they can let you know without needing to knock on the door so you can choose the best time to respond.

Watch the full video at modernaesthetics.com/tv/?f=low-tech-high-impact

Access this edition online at ModernAesthetics.com to learn more about capturing and sharing before and after images from Jonathan Kaplan, MD and Christian Subbio, MD.

LESS IS MORE IN RECORD NOTE-TAKING

Some tools intended to make note-taking more efficient may have the opposite effect, UCLA researchers have found. They say that the key to better notes is education and guidelines that emphasize best practices.

To avoid the potentially problematic practice of "copy-forwarding" notes and to eliminate note bloat, researchers invited residents to participate, "in brief educational conferences and received an electronic progress note template that incorporated a set of best practice guidelines."

Encouraging residents to document only information relevant to that day's visit and avoiding use of auto-fill and copy-forward options, the notes were significantly improved for quality, completed more quickly, and shorter in length. The findings were reported by UCLA and appear in *Journal of Hospital Medicine*. ■