

BLEPHAROPLASTY PRE PROCEDURE INSTRUCTIONS

- Please refrain from drinking alcohol for 1 week before and after procedure.
- Avoid taking aspirin, non-steroidal anti-inflammatory drugs (NSAIDS) such as Motrin, Vitamin E, fish oil, ginger, Ginkgo Biloba, ginseng, and garlic 10-14 days prior to the procedure. These drugs and herbs may cause and increase in incidence of bleeding or bruising.
- There is no need to wear makeup on the day of your procedure. We will need to clean your face for the treatment.
- Please come well hydrated and make sure you eat a light snack if your treatment time is in between regular meal times.

**We want you to have an outstanding result.
If you have any questions or concerns before your procedure,
please call the office at 713.344.0450.**