

MICRO-NEEDLING POST PROCEDURE INSTRUCTIONS

- Redness or sensitivity might be present (and last up to a few days) after.
- Wash face with gentle cleanser after 24 hours.
- Use Tylenol only as needed for any discomfort.
- Peeling may start 3-5 days after peel. Do NOT pick or peel at treated skin, but instead keep moisturized.
- Avoid strenuous exercise or sweating for 24 hours due to open pores.
- May use cool compresses after peel if excessive discomfort, burning, redness, or swelling.
- Avoid sun exposure for 3 days and if possible 10 days. Apply sunblock every 2 hours.
- May use mineral makeup after 24 hours.
- May restart regular skin care regimen in 48 hours and Retin-A type products after 72 hours.

Follow-up considerations:

- Recommended follow up and repeat treatments in 4 weeks and for best results a series of 3-5 treatments.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.