

SCULPTRA POST PROCEDURE INSTRUCTIONS

- DO massage the treated areas 5 times a day for about 5 minutes for 5 days after treatment.
- DO hold ice packs on the treated areas gently for about 3-5 minutes a few times that day.
- Feel free to wear makeup a few hours after.
- Treated areas may be red, swollen and bruised for the first 2-7 days.
- Do NOT get a facial or massage for 2 weeks after your filler procedure.
- Avoid strenuous workouts and alcohol for 24 hours if possible.
- Bruising can be covered with makeup. i.e. Dermablend (CVS or Macy's) or Colorescience Corrective Palette.
- A few days after treatment, you will look as you did before treatment. This is normal. Over time, Sculptra will replace lost collagen.

Follow-Up Treatment:

- Follow up treatment should be scheduled about ever 4-6 weeks.
- Visible results may not be seen until 3 sessions have been completed.
- Results can last more than 2 years.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.

> During Office Hours After Hours (Cell) 713.344.0450

713,443,8731