

VOLUMA PRE PROCEDURE INSTRUCTIONS

- Avoid taking aspirin, non-steroidal anti-inflammatory drugs (NSAIDS) such as Motrin, Vitamin E, fish oil, ginger, ginkgo biloba, ginseng, and garlic 10-14 days prior to the procedure. These drugs and herbs may cause and increase in incidence of bleeding or bruising.
- There is no need to wear makeup on the day of your procedure. We will need to clean your face for the treatment.
- Please come well hydrated and make sure you eat a light snack if your treatment time is in between regular meal times.

We want you to have an outstanding result. If you have any questions or concerns before your procedure, please call the office at 713.344.0450.